

Dear Colleague

*Children are not the face of this pandemic. But they risk being among its biggest victims.  
(United Nations, April 2020)*

Children are more at risk of sexual harm than ever. They are isolated from traditional support networks and many are exposed to greater risks online or in their own homes. Pressures on social services mean that many children are falling through the cracks and abuse is going undetected.

In response to this, we at Stop It Now Scotland have created an Upstream Prevention pack designed to help keep children safe, using the knowledge and experience we have gained over the past 12 years of working to keep children safe from harm. These free resources are designed to be distributed to multiple audiences and across multiple platforms. The pack contains practical advice for professionals, individuals and families. If you wish to receive printed copies of any of these items, please get in touch with us via [scotland@stopitnow.org.uk](mailto:scotland@stopitnow.org.uk).

### Our Resources

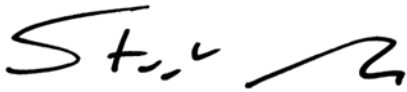
All our leaflets are designed for online use and print. They can be hosted on websites, shared on social media, and distributed via email. Follow the links for access.

- **Support For Families** – Leaflet on prevention services and resources we provide. Written for child protection professionals working directly with families where there is a risk of harm to children e.g. children and family's social workers, teachers, third sector organisations etc.
- **Services for Professionals** – Information for professionals about our services, including case consultation to professionals and how to make a referral.
- **Support for Individuals** – This leaflet is aimed at individuals who are concerned about their own thoughts or feelings towards children. It details our support services and resources that are crucial towards achieving prevention.
- **What we all need to know to protect our children:** Guide for parents and carers, including advice on what to do if they are worried about risk to a child.
- **Cyber Resilience & Internet Safety** – This resource explains how to talk to children about online safety and provides up to date information on the latest websites & apps that parents should be aware of. This is particularly useful for parents & carers.
- **What's The Problem** – Scottish update of guide for parents and carers worried their child has sent or received sexual images, has accessed online pornography or has been arrested for accessing indecent images of children.

The Corona Virus pandemic is encouraging us to find new and creative modes of distribution and sharing – if you have any ideas as to how we might be able to reach a wider audience, do not hesitate to get in touch. Additionally, if you know of other organisations or individuals out there that might benefit from this pack, please pass on the link ([www.stopitnow.org.uk/stop-it-now-scotland/resources](http://www.stopitnow.org.uk/stop-it-now-scotland/resources)) or let us know so that we can reach out. We will be campaigning about this pack on [Facebook](#) and [Twitter](#), and we hope that you may be able to help us spread the word.

Stop It Now! Scotland is a child protection charity dedicated to preventing child sexual abuse. Since 2008 we have been providing confidential support services to individuals and families to protect the next child from harm. Together, we can prevent child sexual abuse.

Best Wishes,

A handwritten signature in black ink, appearing to read 'Stuart', followed by a stylized flourish.

Stuart Allardyce

Director, Stop It Now! Scotland