



**INDEX TO LEARNING LOCALLY!  
ADULT LEARNING IN YOUR AREA**

*Your local contacts are over the page - please ask if you don't see what you're looking for...*

	Bute	Cowal	Helensburgh, Lomond	Mid Argyll	Islay / Jura	Kintyre	Oban, Lorn and Isles
Adult literacy and numeracy, one-to-one and small groups	✓	✓	✓	✓	✓	✓	✓
Arts/Crafts for relaxation and wellbeing (various, please ask)	✓	✓	✓	✓		✓	✓
Certificated - Health and Safety/Food Hygiene/First Aid/Driving Theory Test Preparation			✓				✓
Computing for Beginners – classes or small groups	✓	✓	✓	✓	✓	✓	✓
Computing Next Steps - progression from Beginners	✓	✓	✓	✓	✓	✓	✓
Confidence building: start to boost your confidence	✓	✓	✓				✓
Cooking on a budget for absolute beginners						✓	
CSCS card help		✓	✓	✓		✓	✓
CVs: help and support to put your CV together	✓	✓	✓	✓	✓	✓	✓
Driving Theory Test Preparation		✓		✓	✓	✓	✓
Driving Theory Practice	✓						
English for Speakers of Other Languages	✓	✓	✓	✓	✓	✓	✓
Family Craft and Wellbeing (in-schools / in the community)				✓		✓	
Health and Wellbeing for Parents						✓	
Help with job searches, online job applications and interview skills, CVs, Universal Jobmatch, Universal Credit, including access to computers	✓	✓	✓	✓	✓	✓	✓
Listening Skills			✓			✓	
Music Therapy						✓	
Photographic Editing						✓	
Photography for relaxation and wellbeing						✓	✓
SQA Level 3 and Level 4 Accredited Courses - various (please ask) eg. Wellbeing Award, Employability, Computing etc	✓	✓	✓			✓	
Upcycling (sewing) and recycling crafts	✓	✓	✓	✓		✓	✓
Work Clubs or Job Clubs / Open Hour Drop In Sessions	✓	✓		✓	✓	✓	✓
Write to Recovery / Creative Writing			✓			✓	✓

# Learning Locally! Your Contacts:



For details: <http://www.argyll-bute.gov.uk/community-life-and-leisure/adult-youth-and-community-education>

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