

Remember.....



Don't worry...!

- Lots of young people see an Educational Psychologist at some point while at school or after they leave.
- You can always ask questions when you meet with the Educational Psychologist.
- Information about you may be shared with others to help them understand how to best help you.
- The Educational Psychologist will discuss with you information that can be confidential and information that needs to be shared with others.



There are many people who can provide help with difficulties you may be experiencing. If you have any questions about meeting with an Educational Psychologist or want to talk about this further, you could speak to your parents/carers, class teacher or guidance teacher first.

Contact us

You can find contact details for all Educational Psychologists on the website at:

<https://www.argyll-bute.gov.uk/education-and-learning/educational-psychology>

You can also contact the service at:

**Education Psychology
Argyll House
Alexandra Parade
Dunoon, PA23 8AJ**

Tel: 01369 708537

This leaflet is also available in other languages on request.

**Educational
Psychology Service**

**Customer Services
Education**



**Information for
Children and Young
People**



Who are we?

The Educational Psychology Service is part of Education Services within Argyll and Bute Council.



Educational Psychologists have special training to work with children and young people, teachers, parents/carers and other people such as Speech and Language Therapists and Social Workers.

We help children and young people work through challenges related to learning, feelings and school, and to get the most from life in general.

Why see an Educational Psychologist?

Children and young people can become involved with an Educational Psychologist if they are experiencing difficulties including:

Learning

- You may have trouble with school work

Getting along with Others



- You may find it difficult to make friends

Behaviour

- You may get in to trouble regularly but find it hard to stop what is happening

Feelings

- You may feel worried, angry or sad



What do Educational Psychologists do?

Educational Psychologists may help by:

- Finding out more about your strengths and any difficulties you have
- Talking to you, your parents/carers, and your school
- Working with you and others to make suggestions to help you

We may ask to see your work or spend time in your class. At other times the Educational Psychologist will meet you along with other people, such as your parents/carers and teachers, or they might meet you on your own.

The Educational Psychologist will listen to your views and will work with you and others to find solutions to difficulties.