

**VOLUNTEER TIPS: FOOD TO THE DOOR**


**! DO NOT VOLUNTEER IF YOU OR MEMBERS OF YOUR HOUSEHOLD HAVE COVID-19 SYMPTOMS, OR ARE IN THE 'STAY AT HOME PHASE'.**  
 (check definition and symptoms at <https://www.nhs.uk/conditions/coronavirus-covid-19/>)  
**YOUR SAFETY AND LIMITING THE SPREAD OF THE VIRUS IS PRIORITY. DON'T PUT YOURSELF OR OTHERS AT UNNECESSARY RISK.**


 **Call in advance** to inform recipient of estimated delivery time and verify best drop off point – e.g. at back door or inside yard gate.

 Put on a **face covering** before entering shops. Wipe **shopping trolley** and basket handles with disinfectant wipes before use. Pack items in small amounts for frail/older people.

 Deliver bags of shopping **to door - no further.** Wipe shopping bag handles before leaving them at the designated spot. No bags should be returned or re-used. **Do not enter properties.**

 **Wash or sanitise your hands before approaching the property.**

**Avoid touching your face with unwashed hands.** 

 Use **paper towels as a protective barrier** to minimise contact wherever possible (to open doors, gates, ring doorbells, handle food items, etc.). Then bin the tissues safely.

 **Keep a separation 'bubble' of at least 2 metres** from the door when awaiting an answer, and from all individuals, including colleagues. **No money or gifts should be accepted in return for your support.**

Have a **brief conversation** with the person you are delivering to staying 2 metres away, or through a closed window to **ascertain their health**, and that of anyone else in the household, or **any significant household problems** (water leaks, etc.) they need help with. These should be **noted and reported back** to the local Caring for People Group who will direct the request to the right service. **Do not offer to deal with them directly.**

**Avoid touching surfaces. Wash/sanitise your hands** thoroughly. **Then, all surfaces should be wiped with detergent wipes** (incl. steering wheel, gearstick, door handles, phone, water flasks, etc. and wait 5 seconds before handling them again, before moving on to next contact, your vehicle or home.

