

WORKING TOGETHER IN ARGYLL & BUTE LOOKING AFTER PEOPLE AFFECTED BY CORONAVIRUS COVID-19

FACE COVERING

IT IS NOW REQUIRED BY LAW THAT YOU WEAR
A FACE COVERING:

- ON ALL PUBLIC TRANSPORT, AND
PUBLIC TRANSPORT PREMISES
- IN SHOPS
- AND IN ENCLOSED SPACING WHERE SOCIAL
DISTANCING TO A 2 METRE DISTANCE IS NOT
ALWAYS POSSIBLE

For more information on **how to make a face covering** (and those exempted) visit gov.scot/coronavirus-covid-19/ and watch the **Scottish Government's video on how to make one** at: facebook.com/TheScottishGovernment/posts/3209972189057604/

Watch The Scottish Government's video on **how to wear a face covering** at facebook.com/TheScottishGovernment/videos/402311707359100/

Remember

FACTS

for a safer Scotland



Face coverings



Avoid crowded places



Clean hands regularly



Two metre distance



Self-isolate and book a test if you have symptoms

HOW TO WEAR A NON-MEDICAL FABRIC MASK SAFELY

[who.int/epi-win](https://www.who.int/epi-win)

Do's →



Clean your hands before touching the mask



Inspect the mask for damage or if dirty



Adjust the mask to your face without leaving gaps on the sides



Cover your mouth, nose, and chin



Avoid touching the mask



Clean your hands before removing the mask



Remove the mask by the straps behind the ears or head



Pull the mask away from your face



Store the mask in a clean plastic, resealable bag if it is not dirty or wet and you plan to re-use it



Remove the mask by the straps when taking it out of the bag



Wash the mask in soap or detergent, preferably with hot water, at least once a day



Clean your hands after removing the mask

Don'ts →



Do not use a mask that looks damaged



Do not wear a loose mask



Do not wear the mask under the nose



Do not remove the mask where there are people within 2 metres



Add a little bit of body text.

Do not use a mask that is difficult to breathe through



Do not wear a dirty or wet mask



Do not share your mask with others

This poster was created by the World Health Organisation.

Visit nhsinform.scot/coronavirus for the latest guidance and further information.