



# The IVY Project

## (Interventions for Vulnerable Youth)

---

**Young people who present a significant risk to others are often marginalised in society and are unable or unwilling to access mainstream resources.**

---

The IVY project was introduced by the Centre for Youth & Criminal Justice and funded by the Scottish Government to meet the needs of high risk young people by promoting best practice in mental health and risk assessment/management for this vulnerable group.

IVY is a specialist psychology and social work service that aims to support and contribute to the assessments and interventions detailed in the young person's plan. Our goal is to support local authorities and partners across Scotland by providing both evidence-based risk assessment and management plans, and specialist psychological assessments for young people (aged 12 to 18) who are presenting a significant risk to others and often have complex needs.

**For more information visit [www.kibble.org/ivy](http://www.kibble.org/ivy)  
To make a referral, please email [ivy.admin@kibble.org](mailto:ivy.admin@kibble.org)  
or call 0300 303 2012.**



## Level 1 – Consultation

The referrer can request a consultation meeting with the team during which they can explore any concerns over the young person's functioning, mental health, emotional, behavioural and interpersonal functioning and how this might be relevant to their risk. Using the principles of structured professional judgement, the team will help the referrer develop (or refine) a working risk analysis or formulation, and risk management plan. Where there is a need for additional assessments, referrers will be invited to progress to level 2.

## Level 2 – Specialist Assessment

For complex cases, specialist forensic mental health/psychological assessments will be provided which examine, for example, cognitive level, personality style, attachment disorder, and trauma and developmental disorders. The provisions will be available and where non-acute treatment needs are identified the lead professional will be offered ongoing support and guidance to help address the presenting problems. Where necessary, and in a small proportion of cases, direct intervention with the young person may be required – a level 3 intervention.

## Level 3 – Specialist Treatment

For a small proportion of cases, the clinical psychologist, in conjunction with the lead consultant and forensic psychologist will provide an individualised treatment to the young person meeting forensic mental health needs. This will be a formulation led treatment that is informed by theory and that is sequenced and delivered according to the presenting problems and abilities of the young person.



### **Kibble IVY Project**

2 Lothian Street  
Hillington Park, Glasgow G52 4JR

**T:** 0300 303 2012

**E:** [ivy.admin@kibble.org](mailto:ivy.admin@kibble.org)

**W:** [www.kibble.org/ivy](http://www.kibble.org/ivy)

Registered Office Abercorn House 79 Renfrew Road Paisley PA3 4DA

Scottish Charity No. SC026917 Company Limited by Guarantee

Registered in Scotland No. 158220