

2020 - Check all bus times with operator

Bus Services  
Helensburgh to Balloch

Photo © David Lally (cc-by-sa/2.0)

Helensburgh to Balloch – Service No. 306 - 21 mins travel time

Mon-Sat Service departs Helensburgh Station for Alexandria 08.55, 11.30, 13.30(Not Sat), 15.30, 17.45

Sunday 15.45

Balloch to Helensburgh– Service No. 306 - 21 mins travel time

Mon-Fri Service departs from Luss Road about 12 mins walk from Loch Lomond Road, just to the south of the A811

08.31, 11.05, 13.05(Not Sat) 15.30, 17.45 Sunday 15.20

Timetables can be viewed at bus stops or online  
<https://www.garelochheadcoaches.co.uk/bus-services/>  
or [www.travelinescotland.com](http://www.travelinescotland.com)

There is a train every half hour between Balloch and Helensburgh changing at Dalreoch – 40mins travel time  
[www.scotrail.co.uk](http://www.scotrail.co.uk)



Ben Lomond from Loch Lomond Shores



Hill path part of John Muir Way



Shopping at Loch Lomond Shores, Balloch



Charles Rennie McIntosh's Hill House, Colquhoun Street, Helensburgh (National Trust for Scotland) open 3 Jan to 20 December 10.00 to 17.00hrs



Great views over the town and beyond

# Walk & Ride Three walks between Helensburgh and Balloch

The surfaced Cycle Path follows the main road. The Three Lochs Way and John Muir Way are both more challenging starting in the town before climbing unsurfaced paths over Darleith Muir and Goukhill, where you will be rewarded with views in all directions.

**Cycle path** – mostly wide, smooth tarmac, moderate slopes, and A road crossings.  
**Three Lochs Way and John Muir Way** – mostly wide, sections may be steep, aggregate surfaces, rough or muddy

 **strenuous**  
9 miles  
14.5 km  
Allow 5.5 hrs



Helensburgh & District Access Trust

Argyll & Bute Council

Outdoor Access Team  
Tel:01546 604119

sustrans JOIN THE MOVEMENT



Surfaced Cycle Path by Main road

Photo © [Lairich Rig \(cc-by-sa/2.0\)](https://www.flickr.com/photos/lairichrig/)

All three routes start from the Swimming Pool in Helensburgh or Loch Lomond Shores in Balloch.

The Cycle Path offers a smooth tarmac surface beside the main road from Helensburgh to Balloch for its entire length.

There are three bus stops between Balloch and Helensburgh if you are tired. This is the easiest route if you have a pushchair or wheelchair.

If you walk the Three Lochs Way or John Muir Way wear suitable footwear, carry a map & compass, spare clothes, snacks and a drink.

### Three Lochs Way

You will find a detailed description of this route on the Three Lochs Way website; [www.threelochsway.co.uk](http://www.threelochsway.co.uk)

The signposted route begins on footways, follows rough tracks, and grassy paths. You will be rewarded with views of Loch Lomond and the Firth of Clyde. If you have time in Helensburgh you should take time to explore the quiet back streets and visit Rennie MacIntosh's Hill House where there is a cafe.

Heading down the Red Burn Path to Helensburgh  
Photo: [www.threelochsway.co.uk](http://www.threelochsway.co.uk)

### John Muir Way

You will find a detailed description of this route on the John Muir Way website; [www.johnmuirway.org](http://www.johnmuirway.org)

This route follows pavements, gravel and grassy paths and quiet roads. Walkers and cyclists share the route for some of the way until just outside Helensburgh where the walking route heads up over Gouk Hill.

Old Luss Road, John Muir Way  
Photo: [www.johnmuirway.org](http://www.johnmuirway.org)

### Where to Go Outdoors

Argyll's interactive map of paths with links to information to help you plan your next walk or cycle ride [www.argyll-bute.gov.uk/where-go-outdoors](http://www.argyll-bute.gov.uk/where-go-outdoors)

