

# Early Years Menu 2025-26

This menu starts Oct 2025

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Dessert	Apple Crumble & Custard	Lentil Soup	Ginger Biscuit	Crackers & Cheese	Bruschetta
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Main Meal	Beef Burger in a Bun	Homemade Chicken Pie	Margherita Pizza	Homemade Macaroni Cheese	Breaded Fish
Sides	Diced Potatoes	Mashed Potatoes	Diced Potatoes	Garlic Bread	Chips
Unlimited vegetables, fruit and salad are available each day.					

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Dessert	Cheese and Crackers	Fruit Jelly	Sweet Potato Soup	Oat Shortbread & Ice Cream	Tomato Soup
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Main Meal	Veggie Sausage Roll	Grilled Sausages and Yorkshire Pudding	Homemade Chicken Curry	Homemade Steak Pie	Fish Fingers
Sides	Diced Potatoes	Diced Potatoes	Rice	Baby Boiled Potatoes	Chips
Unlimited vegetables, fruit and salad are available each day.					

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Dessert	Potato & Leek Soup	Shortbread & Wibble Whip	Melon Slice	Lentil Soup	Homemade Tiffin
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Main Meal	Breaded Chicken Burger in a Bun	Salmon Fingers	Homemade Pasta Bolognese	Margherita Pizza	Omelette
Sides	Potato Wedges	Diced Potatoes	Garlic Bread	Diced Potatoes	Chips
Unlimited vegetables, fruit and salad are available each day.					

All eggs are free range.  
All meat and poultry is UK Farm Assured.  
All fish served is certified by Marine  
Stewardship Council.  
Water is available daily.

All Early Years pupils are now  
entitled to a funded school  
meal. For more information,  
please contact your ELC  
office.

This menu is compliant with The Setting  
the Table Guidance for Early Years. This  
ensures more access to fruit and  
vegetables, reduction in sugar, red and red  
processed meat and ensures our children  
and young people have access to an  
appropriate amount of nutrients such as  
iron and vitamins.

The menu meets the standard required by  
the Soil Association Catering Mark Bronze  
Award, which promotes freshly made,  
sustainable and farm assured meals.



If your child has a food allergy, please contact the school  
office.  
Full details about our school meals can be found on our  
website at-  
<https://www.argyll-bute.gov.uk/education-and-learning/schools/school-meals>

