# Primary Menu 3 choice 2025/26

## Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Dessert	Potato & Leek Soup/ Yoghurt Fresh Fruit	Shortbread and Wibble Whip Fresh Fruit	Melon Slice/ Yoghurt Fresh Fruit	Lentil Soup /Yoghurt Fresh Fruit	Homemade Chocolate Tiffin Fresh Fruit
Choice 1	Breaded Chicken Burger in a Bun	Margherita Pizza (v)	Homemade Pasta Bolognese	Homemade Macaroni Cheese (v)	Breaded Fish
Choice 2	Homemade Lentil Curry (ve)	Breaded Salmon Fillet Fingers	Quorn Sausages in Gravy (ve)	Homemade Chicken Fried Rice with Curry Sauce	Omelette (v)
Choice 3	Cheese Toastie with Soup (v)	Veggie Hotdog (ve)	Baked Potato with Baked Beans & Cheese(v)	Ham Sandwich with Soup	Breaded Chicken Goujon Wrap
Sides	Potato Wedges Rice	Diced Potatoes	Garlic Bread Baby Boiled Potatoes	Garlic Bread	Chips* Tomato Sauce

### Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Dessert	Cracker & Cheese/ Yoghurt Fresh Fruit	Fruit Jelly Fresh Fruit	Sweet Potato Soup/ Yoghurt Fresh Fruit	Oat Shortbread & Ice Ceam Fresh Fruit	Tomato Soup/Yoghurt Fresh Fruit
Choice 1	Veggie Sausage Roll (ve)	Grilled Sausages And Yorkshire Pudding	Homemade Chicken Curry	Homemade Sweet & Sour Vegetables (ve)	Breaded Fish Fingers
Choice 2	Homemade Chicken Enchiladas	Quorn Dippers with a Wrap (ve)	Homemade Tomato Pasta (ve)	Homemade Steak Pie	Homemade Vegetarian Sausage Pasta (v)
Choice 3	Tuna Mayo Baguette	Baked Potato with Cheese & Coleslaw (v)	Ham Sandwich with Soup	Chicken Goujon Roll	Cheese Toastie with Soup (v)
Sides	Diced Potatoes	Duchesse Potatoes	Rice Garlic Bread	Rice Baby Boiled Potatoes	Chips Tomato Sauce

### Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Dessert	Apple Crumble & Custard Fresh Fruit	Lentil Soup/ Yoghurt Fresh Fruit	Bruschetta/Yoghurt Fresh Fruit	Chicken & Rice Soup/ Yoghurt Fresh Fruit	Cheese & Crackers/ Ginger Biscuit Fresh Fruit
Choice 1	Homemade Pesto Style Pasta (v)	Homemade Chicken Pie	Homemade Chilli Beef with Soft Tacos	Homemade Macaroni Cheese (v)	Breaded Fish*
Choice 2	Beef Burger in a Bun	Homemade Vegetarian Rice (ve)	Margherita Pizza (v)	Homemade Vegetable Tikka Masala (v)	Homemade Roasted Vegetable Pasta (v)
Choice 3	Southern Style Breaded Chicken Goujons Wrap	Cheese Sandwich with Soup (v)	Sliced Chicken Roll	Baked Potato with Tuna Mayo	Ham Baguette
Sides	Duchesse Potatoes Garlic Bread	Mashed Potatoes	Diced Potatoes	Garlic Bread Rice	Chips Tomato Sauce

### **Additional information**

- (V) Vegetarian choice (Ve) Vegan choice
- P1 to P5 pupils are entitled to a free school meal. If your child is in primary 6 or 7, you may qualify for a free school meal and clothing grants. Please speak to your school office. Meals are ordered via the iPay system. For details, please speak to your school office.
- All eggs are free range.

- All meat and poultry is UK Farm Assured.
- All fish served is certified by Marine Stewardship Council.
- We use Scottish/local produce when available.
- Water and milk is available every day.
- If your child has a food allergy, please contact the school office. Full details about our school meals can be <u>found on our website</u>.