

Volunteer with us

Our helpline volunteers are invaluable to our work. If you would like to volunteer on our helpline please complete the form below or phone or email the office. You will receive training before you start as well as on-going training and support.

Name: _____

Address: _____

Postcode: _____

Email: _____

Telephone: _____

- ☐ I am interested in volunteering for the helpline
- ☐ Please sign me up to your e-newsletter*. I would like to be kept in touch with your work and other news relating to families who have been affected by drugs misuse

Please note we will not pass your contact details on to any third party.

* You can also sign up to our newsletter on our website at www.sfad.org.uk

Signature: _____

Date: _____

PLEASE RETURN TO:

Scottish Families Affected by Drugs, Suite 2e,
Ingram House, 227 Ingram St, Glasgow G1 1DA

You can also request an application form via our website.

About us

Scottish Families Affected by Drugs works with the families and friends of people affected by drugs misuse and raises awareness of the issues affecting them. Because we know that families and friends need support too.

As well as our helpline, we facilitate a network of family support groups throughout Scotland. These groups are a welcoming place to make new friends, share experiences and can help reduce feelings of isolation.

Contact us

Scottish Families Affected by Drugs
Suite 2e
Ingram House
227 Ingram Street
Glasgow
G1 1DA

Tel. 0141 221 0544

Email. info@sfad.org.uk

Call our free and confidential helpline on

08080 10 10 11

www.sfad.org.uk



Scottish Families
Affected by Drugs

Is someone you care about misusing drugs?

Call our free and confidential helpline on

08080 10 10 11



www.sfad.org.uk

Call our helpline

Our helpline is *free
and confidential

08080 10 10 11

Our helpline is for anyone who is affected by the drugs misuse of a loved one.

Calling our helpline is often the first time someone has been able to talk about their situation. It can be an important first step in getting information about local services and support for yourself or your family.

We can also signpost you to your nearest family support group where you can meet others in a similar position.

Our trained volunteers will be supportive and provide the information you need, or will simply listen if you need to talk.

*Please note some mobile providers may charge for calling this number.

Support by email

You can get information and support by email. Simply email helpline@sfad.org.uk with details of what you would like help with. We aim to answer all emails within two working days.

Please let us know the area you live in so we can signpost you to local services. Your email is confidential and we will not use your details for any other purpose.

Importance of support

Help and support is available to the families and friends of those who are misusing drugs. We know trying to support a loved one who is misusing drugs can be a stressful challenge.

Accessing information about services available to you could help you cope. And learning more about drugs misuse could add to your understanding of your loved one's situation.

“ RINGING THE HELPLINE AND GETTING INFORMATION ON AVAILABLE SERVICES IN MY AREA GAVE ME A STARTING POINT.

Helpline user

Drugs have many side effects.
Families needn't be one of them.

