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## **Partner update – Public Health**

The paper provides an update on ongoing wellbeing and prevention activity overseen and delivered by the HSCP Public Health Team in Argyll and Bute.

### **Public Health Intelligence**

Saskia Schmitz has now joined the Public Health team in Argyll and Bute as Public Health Intelligence Specialist. The Public Health Intelligence team (PHIT) are part of the Public Health Directorate and provide an expert resource on epidemiology, demography and population health evidence. A key piece of work for the PHIT has been developing profiles for the four community planning partnerships in Argyll and Bute. Saskia is currently contributing to the Children's Health and Wellbeing Profiles Project, which aims to illustrate central aspects of the health and wellbeing of children and young people in the NHS Highland board area. The Children's Health and Wellbeing profile reports will present an overview of indicators relevant to the health of children in each partnership area. Going forward, Saskia will support PH projects and will work closely with the NHS Highland Health Intelligence team.

### **Money Counts**

The Money Counts Level 1 awareness raising sessions continue to be delivered remotely. These sessions help to highlight and promote the Argyll & Bute Worrying about Money leaflet produced by the Independent Food Aid Network (IFAN). As well as being available in English, the Worrying about Money leaflet is also available in Arabic, Gaelic, Polish and Ukrainian, and, following a suggestion from a participant, it is now available in an Easy Read version. To access these leaflets, follow the link below then go to the Argyll & Bute section of the website. Some paper copies are also available. Please contact [nhsh.abhealthimprovement@nhs.scot](mailto:nhsh.abhealthimprovement@nhs.scot) if you would like any paper copies for your organisation.

[Cash First Leaflets | IFAN \(foodaidnetwork.org.uk\)](https://www.foodaidnetwork.org.uk)

### **Living Well Networks**

In April 2023, a new model of delivery was implemented, there is now a lead Living Well Network (LWN) Coordinator for each Locality, with a two-year Service Level Agreement in place. Although there has been a reduction in the number of LWN Coordinators, quarterly LWN meetings are still currently being held in each.

The LWNs provide an opportunity for people to come together to find out what issues matter to local communities; to plan activities and events together; and to network with individuals, services and organisations. The LWNs will now work in partnership with Locality Planning Groups, by supporting engagement work within communities, sharing any identified local needs, raising issues and providing feedback to/from communities.

The vacant LWN Coordinator post in Helensburgh and Lomond has now been recruited to with a new LWN Coordinator starting on 15<sup>th</sup> August.

Further information on the LWNs and contact details for your area can be found here: <https://www.ablivingwell.org/living-well-networks>

### **Living Well Strategy and Prevention Board**

In June of 2023, the Living Well Steering Group and the Prevention Board agreed to a merger with an aspiration of embodying a philosophy of prevention, by focussing on wellness, not illness, empowering those within Argyll and Bute to live well. The five-year Argyll and Bute Living Well Strategy and Living Well branding will be retained and utilised to achieve the aspiration outlined above. A copy of the strategy is available at [www.ablivingwell.org/living-well-strategy](http://www.ablivingwell.org/living-well-strategy).

The Living Well Steering Group and the Prevention Board will be replaced by the 'Living Well' Board. The Living Well board will provide strategic direction to the Living Well and Prevention agenda, with the aim of creating supports and services which take a preventative approach to improving the physical, mental and emotional wellbeing of people across Argyll and Bute, enabling them to live well.

The Living Well board will ensure that all a multi-agency approach is taken, with all partners working together with a shared vision and responsibility to provide cohesion and clarity around wellbeing services. This will include ensuring funding is allocated wisely, aligned with the shared vision of all partners, avoiding duplication across partners.

The Living Well board will coordinate the efforts of all associated subgroups, providing strategic direction, authorisation, accountability and support to their respective aims. They will monitor the progress, and resolve any issues arising, reviewing and make recommendations on any business cases or proposals arising from the subgroups. Subgroups include frailty, wellbeing project and community assets/coproduction.

The 2019-2024 Living Well Strategy was developed following extensive engagement and consultation with our communities, our staff and our third sector partners, reflecting what people told us was needed to improve self-management across Argyll and Bute. The outcomes of this engagement resulted in four themes:

- People – People living in Argyll and Bute have the tools and support they need to support them to Live Well
- Community – There are a wide range of local services to support people to Live Well
- Workforce - Staff are able and motivated to support the people they see to Live Well
- Leadership – Effective Leadership is in place to support the delivery of the Living Well strategy

Following further engagement through the Prevention Board, both the Living Well Steering group and Prevention Programme board agreed to merge Living Well and the Health and Wellbeing Programme. The above themes and corresponding action plans have therefore been incorporated into the programme structure and action planning.

### **REPORT AUTHOR AND CONTACT**

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