



argyll and bute  
**community**planningpartnership



## Argyll and Bute Community Planning Partnership

Annual Report  
2017 - 2018

Argyll and Bute  
Outcome Improvement Plan  
2013 - 2023

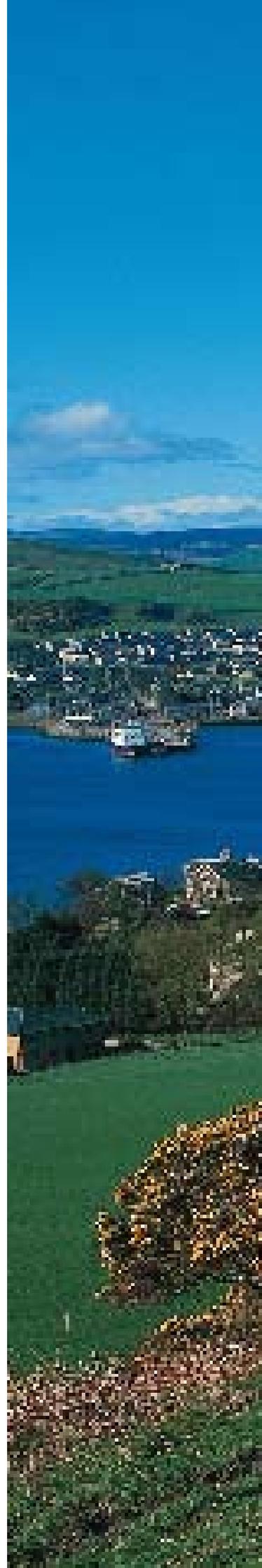
*Argyll and Bute's economic success is built on a growing population*

# Contents

Foreword	page 2
Who are we?	page 3
How do we work? Community Planning in Argyll and Bute	page 5
Overarching aim: Argyll and Bute's economic success is built on a growing population	page 6
Outcome 1 The economy is diverse and thriving	page 7
Outcome 2 We have infrastructure that supports sustainable growth	page 11
Outcome 3 Education, skills and training maximises opportunities for all	page 13
Outcome 4 Children and young people have the best possible start	page 17
Outcome 5 People live active, healthier and independent lives	page 19
Outcome 6 People live in safer and stronger communities	page 21
Community Engagement	page 23
Argyll and Bute CPP Partners	page 24

## Other formats

If you would like a copy of this document in another language or format, or if you require the services of an interpreter, please contact Argyll and Bute Community Planning Partnership on 01546 604464 or email [cppadmin@argyll-bute.gov.uk](mailto:cppadmin@argyll-bute.gov.uk)





## Foreword by Councillor Aileen Morton

It's a real pleasure to introduce the Argyll and Bute Community Planning Partnership Annual Report for 2017/2018.

If I had to sum up our approach in Argyll and Bute in just a few words, it would quite simply be 'positive progress in partnership'. In this year's report, once again, you will find many examples of the progress we've made working together as a strong, positive and dedicated partnership – committed to overcoming challenge and achieving successes for our communities, despite the often very difficult decisions that all public agencies face in the current financial climate.

It is hugely encouraging to take some time to reflect on our partnership's progress and successes during the 2017/2018 period. In the pages to follow you'll find some very encouraging accounts of achievements against each of the six crucial outcomes on which the Community Planning Partnership remains focused. These outcomes really matter, really make a difference to people's lives in our communities, to people of all ages and in a wide variety of locations across Argyll and Bute.

Find out more about what we're doing as a partnership to ensure our young people can access their training and employment ambitions right here in Argyll and Bute – over 94% of 16 to 19 year-olds were in further education, employment, training or personal development 12 months after leaving school, and 86% of care-experienced young people have achieved positive destinations.

Read all about progress at the European Marine Science Park Business Cluster and Oban's growing profile as Argyll and Bute's university town; and celebrate with Inveraray where investment in the Royal Burgh's historic buildings, through a Conservation Area Regeneration Scheme, will help cement its future as one of the region's key tourist destinations.

Get a real flavour for life in Argyll and Bute when you read about the growing profile of locally grown and produced food and drink. Did you know that quality products from communities across our area are becoming more and more popular all around the world through working in partnership direct with producers and Food From Argyll?

This year's report is full of these and many other updates on the Community Planning Partnership's activity and progress against each of those six key outcomes, each of which aims to help attract more people to live, work, learn, visit and invest in Argyll and Bute. This is what will ultimately help us achieve our partnership's overarching aim of securing Argyll and Bute's economic success built on a growing population.

As well as a commitment to working together positively and constructively, something else that all Community Planning Partners share is a passionate belief that Argyll and Bute, its people and its communities, are bursting full of potential for a bright, vibrant and thriving future. We believe that the two



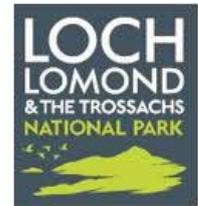
*Councillor Aileen Morton,  
Leader,  
Argyll and Bute Council*

are inextricably linked, and that we'll achieve the latter by making sure we do the former really well. That's the main driver for Argyll and Bute Community Planning Partnership – and, while we're delighted to be able to report our successes to you again this year, we'll be making sure we build even further on those achievements for the years to come, always in the best interests of our communities.



# Who are we?

## Argyll and Bute Community Planning Partnership



The Chair of the CPP Management Committee is Chief Superintendent Hazel Hendren of Police Scotland. In 2017/2018, the Vice Chair of the Management Committee was Jim McNeil of the Scottish Fire and Rescue Service.

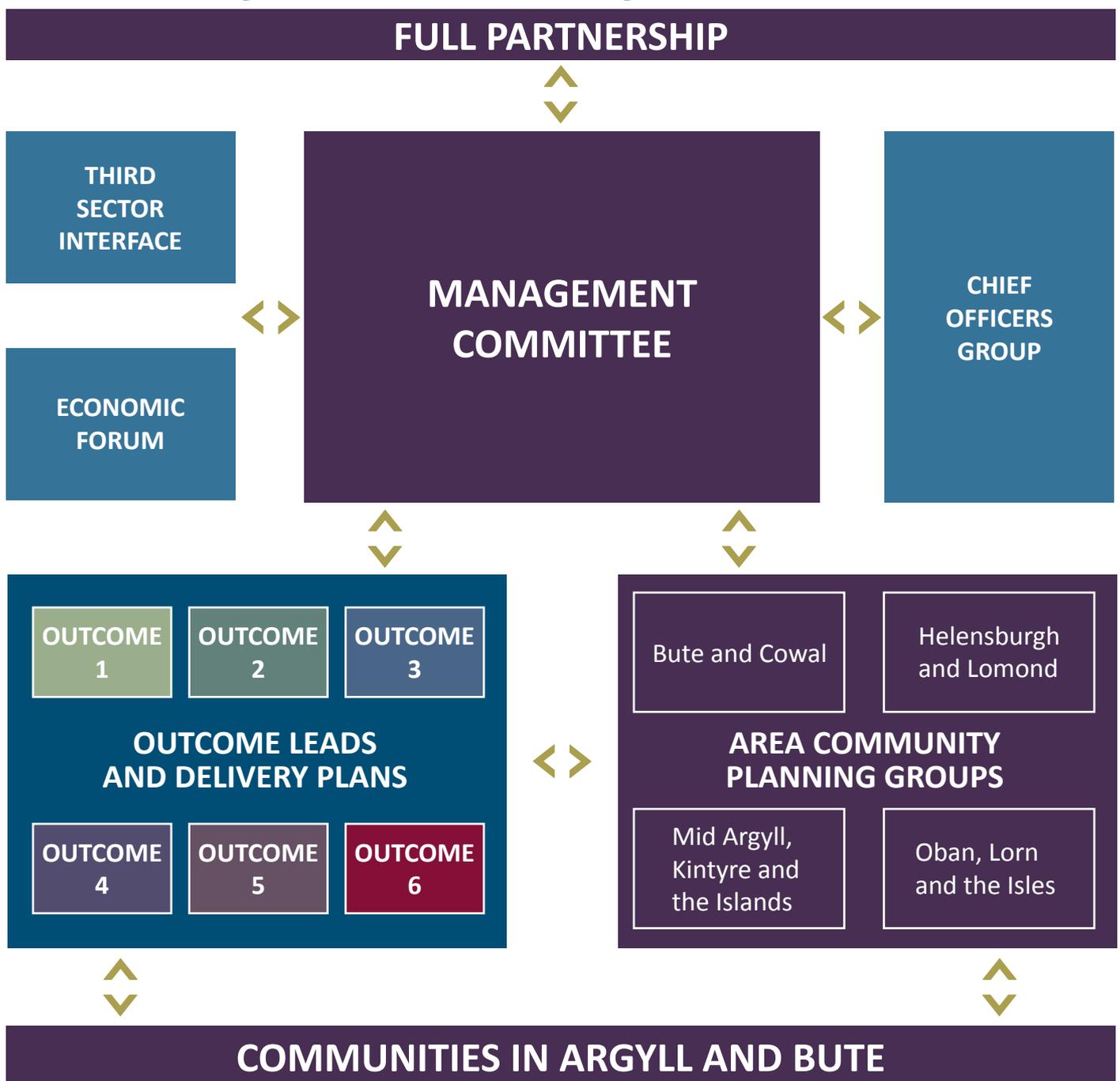
PHOTOS TO FOLLOW OF HAZEL HENDREN  
AND JIM McNEIL



<b>Argyll and Bute Council</b>	<a href="http://www.argyll-bute.gov.uk">www.argyll-bute.gov.uk</a>
<b>Police Scotland</b>	<a href="http://www.scotland.police.uk">www.scotland.police.uk</a>
<b>Highlands and Islands Enterprise</b>	<a href="http://www.hie.co.uk">www.hie.co.uk</a>
<b>NHS Highland</b>	<a href="http://www.nhshighland.scot.nhs.uk">www.nhshighland.scot.nhs.uk</a>
<b>Scottish Fire and Rescue Service</b>	<a href="http://www.firescotland.gov.uk">www.firescotland.gov.uk</a>
<b>Argyll College UHI</b>	<a href="http://www.argyll.uhi.ac.uk">www.argyll.uhi.ac.uk</a>
<b>Scottish Natural Heritage</b>	<a href="http://www.snh.gov.uk">www.snh.gov.uk</a>
<b>Skills Development Scotland</b>	<a href="http://www.skillsdevelopmentscotland.co.uk">www.skillsdevelopmentscotland.co.uk</a>
<b>Scottish Enterprise</b>	<a href="http://www.scottish-enterprise.com">www.scottish-enterprise.com</a>
<b>Argyll and Bute TSI</b>	<a href="http://www.argyllcommunities.org">www.argyllcommunities.org</a>
<b>Scottish Ambulance Service</b>	<a href="http://www.scottishambulance.com">www.scottishambulance.com</a>
<b>Loch Lomond &amp; the Trossachs National Park</b>	<a href="http://www.lochlomond-trossachs.org">www.lochlomond-trossachs.org</a>
<b>Scottish Government</b>	<a href="http://www.gov.scot">www.gov.scot</a>
<b>Department for Work and Pensions</b>	<a href="http://www.gov.uk/government/organisations/department-for-work-pensions">www.gov.uk/government/organisations/department-for-work-pensions</a>

# How do we work?

## Community Planning in Argyll and Bute



### COMMUNITIES IN ARGYLL AND BUTE

- Outcome 1** The economy is diverse and thriving
- Outcome 2** We have infrastructure which supports sustainable growth
- Outcome 3** Education, skills and training maximises opportunities for all
- Outcome 4** Children and young people have the best possible start
- Outcome 5** People live active, healthier and independent lives
- Outcome 6** People live in safer and stronger communities



## Overarching aim:

### Argyll and Bute's economic success is built on a growing population

The main purpose of the Community Planning Partnership (CPP) in Argyll and Bute is to address population decline and grow the economy. The National Records of Scotland figures show that the area's population fell by 320 (0.3%) people over the year to the end of June 2017 to 86,810.

The CPP is working together on a range of actions under six key outcome areas to attract people to live, work, visit, learn and do business in Argyll and Bute.

#### Rural Resettlement Fund

This innovative fund provided grants to eligible employers, self-employed people and new residents to assist with some of the expenses associated with relocating businesses or taking up employment within Argyll and Bute.

The Economic Growth section of the Council's Economic Development and Strategic Transportation service is responsible for disseminating the Rural Resettlement Fund which was launched on 31 October 2016 during Argyll Enterprise Week.

By the end of the financial year 2017/2018, a total of 135 new residents relocated to Argyll and Bute; 98 adults and 37 children. The Rural Resettlement Fund was formally closed in May 2018.

A summary of the total RRF applications is presented in the table below.



#### Summary of Rural Resettlement Fund applications

RRF Applications	Received	Approved	Withdrawn	Rejected	Grant Awarded
Personal	70	52	9	9	£258,870.02
Self-employed	10	6	2	2	£30,000.00
Business	0	0	0	0	£0.00
<b>Total</b>	<b>80</b>	<b>58</b>	<b>11</b>	<b>11</b>	<b>£288,870.02</b>

For more information on the Rural Resettlement Fund see [www.argyll-bute.gov.uk/rrf](http://www.argyll-bute.gov.uk/rrf), email: [rrf@argyll-bute.gov.uk](mailto:rrf@argyll-bute.gov.uk) or tel: 01546 605522

## Outcome 1

# The economy is diverse and thriving

### Projects include...

European Marine Science Park Business

Inveraray CARS Celebrates Completion

Food and Drink Promotion (Flavours of Argyll and Bute feature at Good Food Show)

Oban: A University Town

### Key Statistics

- 4085 registered enterprises in Argyll and Bute
- 104 start-up businesses supported
- 89% survival rate for businesses at 12 months
- 109.5 FTE jobs created through business start-ups
- 78.5% of the population in Argyll and Bute are economically active

### European Marine Science Park Business

Highlands and Islands Enterprise has been leading the establishment and development of a thriving marine business cluster at the European Marine Science Park, site of the internationally renowned Scottish Association for Marine Science. Established in 2012, the site is now home to over 12 innovative businesses working in aquaculture, marine biotechnology and marine energy.

Events and seminars take place regularly and encourage interaction and sharing of ideas between businesses. A new co-working space "The Moorings" has recently been opened, providing further opportunities for collaboration and sharing of ideas.

With the success of the Park, work is underway on developing the detailed design for the next phase of development.



## Inveraray CARS Celebrates Completion

A final celebration event for Inveraray Conservation Regeneration Scheme (CARS) was held at the Nicoll Hall which included an exhibition detailing the work and events that had been undertaken as part of the project since April 2013. Local resident Ken MacTaggart used photos and postcards to illustrate the changing face of the town throughout its history. Archivists from the Written in the Landscape project attended, bringing along a rent ledger from Inveraray old town dating back to 1768. The project aims to use the data within the ledger to map how many residents made the transition to the new town, and if wealth was a barrier to making that transition.

Local residents were able to drop in throughout the day and, whilst there, were invited to offer comments on their experiences of Inveraray CARS. These comments will be collated and included in the final report to Historic Environment Scotland. CARS completed at the end of March 2017 after a £2.1m refurbishment of priority buildings: Arkland, Relief Land, Chamberlain's House, Temperance Hotel and the Town House. It has also funded small repair grant projects covering a further 12 properties across the town.

Inveraray CARS funding package included £970,059 from Historic Environment Scotland and £350,000 from Argyll and Bute Council.



### Food and Drink Promotion (Flavours of Argyll and Bute feature at Good Food Show)

The best of Argyll and Bute's food and drink was showcased by the Council, and nine local producers, to the thousands of people who visited the BBC Good Food Show at the Scottish Exhibition and Conference Centre in Glasgow.

Flying the flag for the area were; Butebrew, CocoaMo, Islay Ales, Loch Fyne Whiskies, Lochnell Oysters, Shellfield Farm, Skipness Smokehouse, the Puffer Food Company and Wee Isle Dairy. They offer a wide range of food and drink including craft beer, chocolate, whisky, gin, preserves, oysters, beef, salmon, whole milk and ice cream to customers all over the world.



The producers came together as part of the Flavours of Argyll and Bute pavilion, sponsored by Argyll and Bute Council, to promote regional food and drink to consumers who visited the show from across the UK and beyond.

**Councillor Aileen Morton, Leader of Argyll and Bute Council, said:**

“The food and drink industry is an extremely important sector for Argyll and Bute and the whole of Scotland, with the industry hoping to grow to £30 billion by 2030.

Locally the sector generates in the region of £340 million turnover every year for the local economy with Argyll and Bute having an abundance of whisky, salmon and beer producers, which are the UK's biggest food and drink exports.

The Flavours of Argyll and Bute pavilion was an ideal opportunity to bring together the Council, local producers, Food from Argyll and the Argyll and the Isles Tourism Co-operative to promote the wonderful products available here and why it is a great place to live work and do business.”

**Virginia Sumson, from Food from Argyll, said:**

“Argyll Food Producers were delighted to give their members the chance to exhibit at the Good Food Show and experience what this type of consumer show is like at first hand.

By attending as a group we were able to showcase many different products and localities from Argyll and the public responded very well.”



## Oban: A University Town

The 'Oban: A University Town' project was launched in spring 2018 by a partnership of ten established organisations. The project is focused on developing the distinctive assets of the town and business needs / employment opportunities in the area. It aims to provide an outstanding experience for students and staff in terms of teaching, work, enterprise, leisure and culture activities and community engagement.

The population challenges of Argyll and Bute are well documented; we are short of skilled working-age people. By creating a University Town in Oban, we are working to counter this shift and encourage more young people to stay here after school, or to move to the region and, importantly, to stay and develop a career here when their studies are complete.

The project is developing the training opportunities and academic offers available to match the economic priorities and employer needs. We are also reviewing infrastructure requirements including accommodation and transport; the social and cultural scene in Oban; engaging the local community and businesses in the initiative.

2017-2018 figures show that students made up as much as 10% of the Oban population, so it is fair to say that Oban is now a University Town. A significant proportion of students are registered with the University of the Highlands and Islands, studying at Argyll College UHI or The Scottish Association for Marine Science. Additionally, Ballet West offer degree courses accredited by The Open University, and there are students based at the hospital, in surgeries and further organisations in and around Oban who are registered at other universities. It is also important to consider the pupils in their final years at Oban High School, who may become the next generation of employees for the region. Conservative estimates suggest that there are likely 1,000 students in Oban already once all of these are factored in.

### Projects include...

Fibre Boost Sails into Rhu Thanks to Digital Scotland Superfast Broadband

Sharing of fleet vehicles between partner agencies

### Key Achievements

- 82.1% of premises in Argyll and Bute have access to superfast broadband
- 68 affordable social sector new builds completed
- 53% of geographical space in Argyll and Bute has access to 4G mobile
- The number of people killed and/or seriously injured on our roads network decreased in comparison to the previous year

### Fibre Boost sails into Rhu thanks to Digital Scotland Superfast Broadband

More than 800 homes and businesses in Rhu are now able to connect to high-speed fibre broadband thanks to the £428M Digital Scotland Superfast Broadband programme.

The Digital Scotland team celebrated fibre availability in the Argyll and Bute village when they visited a fibre street cabinet that will serve part of the local area. They were joined by Suzanne Bell (Rhu Marina Manager) and Councillor Aileen Morton (Argyll and Bute Council Leader and Policy Lead for Economic Development) who were excited to discover what goes on inside the green street cabinets.

#### **Argyll and Bute Council Leader and Policy Lead for Economic Development, Councillor Aileen Morton, said:**

“Superfast fibre broadband will benefit both local residents and businesses. Broadband is a vital part of Argyll and Bute’s present and future. It’s essential that we embrace this latest generation of technology in order for our local economy to remain competitive.

Better, faster communications boost businesses, helping them grow, and create more jobs. What’s more, local residents can enjoy faster browsing and downloading at home. This is great news for Rhu and we are determined to make sure everyone in Argyll and Bute has access to digital services and the skills and confidence to go online and use them.”

Fibre broadband offers fast and reliable broadband connections at speeds of up to 80Mbps\* and there are many suppliers in the marketplace to choose from. Across Argyll and Bute, more than 24,000 homes and businesses can benefit from fibre broadband, thanks to the programme.

When combined with commercial coverage, around 69 per cent of homes and businesses in Argyll and Bute can benefit from speeds greater than 30Mbps, according to independent website Thinkbroadband.

#### **Sara Budge, Programme Director for Digital Scotland Superfast Broadband, said:**

“It’s fantastic news that the programme has been able to launch more fibre broadband to benefit residents and businesses in and around Rhu.”



## Sharing of Fleet Vehicles Between Partner Agencies

Argyll College UHI has just added 2 new Nissan Leaf Electric Vehicles to its fleet, as part of a long term commitment to reducing the organisation's environmental impact, and in an innovative collaboration project, one of the vehicles will be shared with Police Scotland for the first time. Argyll & Bute Community Planning Partnership suggested the collaborative approach when both Argyll College UHI and Police Scotland identified a need for a vehicle in Mid-Argyll.

The lease cost of the vehicles is 100% funded by Transport Scotland's Switched on Fleets funding and estimates suggest an annual fuel saving in excess of £1000 per vehicle. Cost savings are not the only benefit, the vehicles have no tailpipe emissions of CO<sub>2</sub>, or detrimental air pollutants such as particulate matter and NO<sub>x</sub>.

**Inspector Julie McLeish of Lochgilphead Police Station said:**

"We are delighted to be working in conjunction with Argyll College UHI to not only reduce the carbon footprint of our organisation, but in an innovative and collaborative way, to maximise the effectiveness of Transport Scotland's grant funding."

One of the new environmentally friendly 'Leafs' will be based in Lochgilphead and used by staff from both organisations. With a range of over 150 miles, and a growing network of charging stations, the cars are a great way of traveling around the area. Police Scotland will utilise the shared vehicle for a variety of non-emergency functions and college staff will use the vehicle to travel between the Argyll College UHI's 10 learning centres.

**Elaine Clark, Argyll College UHI Head of Property said:**

'We have a long standing ethos of promoting green technologies and we generate a significant proportion of our annual electricity needs ourselves with solar panels in our Oban, Lochgilphead and Dunoon centres. With the growing network of charge points throughout Argyll, investing in electric vehicles makes sense for us. We are lucky to live and work in one of the most stunning areas of Scotland and the use of these vehicles will reduce emissions and help to maintain our beautiful natural environment which is one of the real attractions of studying in Argyll.'

### Projects include...

Mid-Argyll Students Celebrate Success

Rothesay pupils complete fire reach training

STEM made real as Roads Services and Education team up to benefit pupils

### Key Achievements

- 86% of care experienced young people achieved a positive destination
- 94.2% of 16-19 year olds were in education, employment or training/ personal development 12 months after leaving school
- 81.6% of children had no concerns at the 27-30 month assessment
- 100% of people who completed a Modern Apprenticeship with Argyll & Bute Council went on to have a positive destination



## Mid-Argyll Students Celebrate Success



A group of Lochgilphead students were presented with certificates to recognise their successful completion of the 'GROWS' (Gaining Real Opportunities and Work Skills) course on Wednesday 20 December at Argyll College UHI's Construction, Engineering and Renewables Centre (CERC) in Lochgilphead.

The GROWS course is designed to help people with different learning difficulties and/or disabilities learn new construction and other life skills by working on exciting practical projects. A number of part-time courses in Life Skills are offered at centres in Rothesay, Dunoon and Lochgilphead and Argyll College UHI works alongside the Council's Education Department and Resource Centres to promote the benefits to students.

**Donald Carmichael, Development worker, Argyll and Bute Council, says:**

"Being at College makes it possible for our group to socialise with other students, which they enjoy. This provides a good opportunity for positive community integration."

**Argyll College Principal, Fraser Durie, attended a ceremony in December 2017 to celebrate the students' success and said:**

"I am delighted to be here today to make these presentations. The group have achieved so much and this year have constructed a beautiful wooden lectern which took pride of place at our graduation Ceremony in October."

**Jackie Mollison, course tutor, said:**

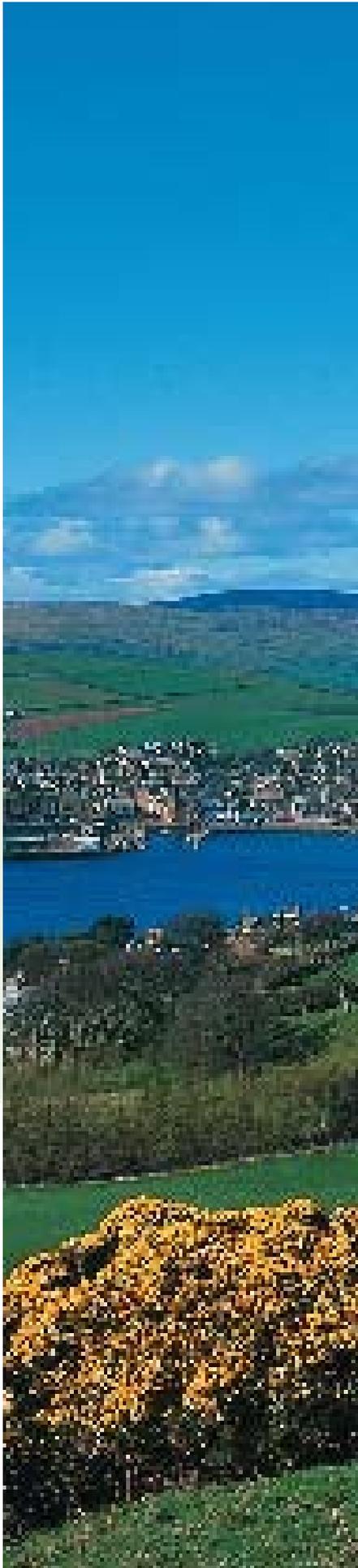
"Alistair Hodge (Argyll College UHI) and I have worked in conjunction with the Lochgilphead Resource Centre for about five years now and this has been a very successful course for those taking part. Through various projects, our students have developed a great many essential skills besides learning building skills. Recently we have completed a long term project constructing a sensory garden at CERC in Kilmory Estate and we have also crafted this beautiful lectern for the College. I'm delighted the students are receiving these certificates and being recognised for their hard work."

**The students themselves are equally enthusiastic about college life – here's what they have to say:**

"It's great working as part of a team. We have fun at the same time as learning new things and making a sensory garden."

"Going to College means I've done things I'd never have had the chance to do otherwise. The College has got all kinds of tools and we've used them all."

"I've been here 7 years, since the course started. I'm proud of making the arched bridge over the pond. It looks brilliant."



## Rothesay pupils complete fire reach training

A group of nine S3 pupils from Rothesay Academy have completed the Scottish Fire and Rescue Service's Fire Reach Training Scheme.

Funded by Argyll and Bute Council's Youth Services, the scheme provides training and development opportunities to young people through fire related activities.

It encourages them to make the most of their physical and mental capabilities, and raises the awareness of the role of the Fire Service within the community.

**The Council's Policy Lead for Education, Councillor Yvonne McNeilly said:**

"The Fire Reach Scheme is an excellent way for young people to demonstrate commitment, which in turn can help their employment prospects. It also teaches them about the importance of being part of a team, improves self-discipline and confidence, and provides them with an opportunity to learn basic life skills."



## STEM made real as Roads Services and Education team up to benefit pupils

Argyll and Bute Council's Infrastructure Design and Roads and Amenities Team shared their expertise with pupils from Ardrishaig Primary School.

Primary five, six and seven pupils at Ardrishaig Primary are currently learning about bridge construction as part of a STEM (Science, Technology, Engineering and Maths) Project.



The Council's roads staff gave a presentation to pupils on bridges and created several models to bring the topic to life. The models allowed them to understand the design principles of several bridge types, as well as the experience of constructing and testing them. A workshop gave the pupils hands on experience in constructing a culvert, a rope bridge, masonry arch bridge, reinforced concrete structure and cable-stayed bridge.

The children will now apply what they have learned when they design and build their own model bridges later in the term. This was a great opportunity for children to see how what they are learning can be applied to real life.

### Projects include...

Cool2Talk

Youth Engagement Officer

Scottish Fire and Rescue Service provide mentoring scheme for Care Experienced young people

### Key Achievements

- 76.8% of Primary 1 children have a healthy weight
- 14,020 children and young people live in Argyll and Bute
- 1.8% of babies are born with a low birth weight, below the Scottish average
- 79.8% of Primary 1 children have no obvious dental decay
- 100% of care establishments are graded good or very good

### Cool2Talk

Cool2talk is an online service for young people aged 12-26 years in Argyll and Bute. It provides free, anonymous and confidential health information. Young people can post a question to the website and receive a bespoke answer, posted on the Cool2Talk website within 24 hours, 365 days per year.

In 2016, a piece of work undertaken by Argyll and Bute Council identified a gap in service for young people's access to health and wellbeing information and advice. Working in partnership the NHS Public Health Department in Argyll and Bute, the Children Protection Committee and Children and Families Services identified the aim to pilot the Cool2Talk service in Argyll and Bute until March 2020. Five staff were engaged as independent contractors by Argyll and Bute Council in May 2017 on a contract to deliver 10 hours of service each, per month.

The aims are:

- To improve young people's access to accurate and robust health information
- To support young people to take responsibility for their own health and wellbeing
- To encourage young people to discuss openly issues around their health and wellbeing
- To improve young people's knowledge of local and national services of support and information

The service launched mid-June 2017 and has answered 203 questions in the first year. Answers give guidance and contacts for other services for support as well as factsheet information on the site. For young people needing more support, there is also access to online counselling from the 121 service. This is provided by a qualified Cognitive Behavioural Therapy Counsellor based in NHS Tayside and is available between 8pm-9pm on Mondays and Wednesdays. Users can access up to four sessions before they are moved on to other longer term services.





## Youth Engagement Officer

PC Karen Cairns leads partnership working which is having a huge impact on young people in the Campbeltown area. She has developed a strong PSYV team with 15 young people and 7 adult volunteers who had a passing out parade at the end of their training period on 22 November 2017. Since then they have gone from strength to strength and have been assisting with a number of local events such as the MOK 10k and half marathon, Campbeltown Christmas lights switch on and they attend a Kintyre care home on a weekly basis to perform voluntary tasks and integrate with residents there which is enjoyable for everyone.

PC Cairns spends time working with Campbeltown Grammar school as well as doing inputs such as drugs and internet safety across all Kintyre schools.

## Scottish Fire and Rescue Service provide mentoring scheme for Care Experienced young people

The Scottish Fire and Rescue Service in Oban worked in close partnership with Shellach View Children's Unit to provide a mentoring program for their residents. The aim of the program was to give an insight into the day to day running of an operational fire station and the working environment. This program was introduced in Clydebank Fire Station and after its success was adopted in Oban.

It was vital to build a positive relationship with those involved to make them feel at ease while at the station and this was achieved by first meeting with them in their environment and discussing what can be achieved.

The program ran on a two hour per week session with the individual training with the same tools and systems used day to day by the Fire Service. This varied from theory based input to practical drill yard activities. The importance of working as part of a team to complete a task was demonstrated and how certain actions can have an adverse effect on the outcome.

The tasks included were:

- Community Safety
- Pumps and Ladders
- Safe Working at Height
- Road Traffic Collisions
- Breathing Apparatus
- CPR (British Heart Foundation Partnership)
- First Person on Scene
- Water Awareness

The program culminated with a visit to the Scottish Fire and Rescue Service Control and National Training Centre. This was very beneficial as it reinforced how teamwork achieves a common goal.

The program was a great benefit to those involved and Firefighters could pass on their own experiences and the struggles they faced when starting out. A strong partnership with Shellach View has been gained as a result. An open invitation has been extended to those involved and it is hoped that they will see Community Fire Stations as a safe and supportive place where they can visit any time.

### Projects include...

Social Prescribing in Argyll and Bute

Adverse Childhood Experiences (ACEs)

### Key Achievements

- The number of alcohol related hospital admissions has decreased steadily since 2014/2015
- 726 enhanced telecare packages in place
- The rate of emergency admissions has decreased to 11,932
- 397 Alcohol Brief Interventions were carried out
- Argyll and Bute residents are still above the Scottish average for fuel poverty (45%) and extreme fuel poverty (14%)

### Social Prescribing in Argyll and Bute

Social prescribing is connecting people to support in their community for social problems, such as relationship breakdown, debt, loneliness, caring responsibilities or housing difficulties. It is built on the premise that our health is affected by a wide range of social factors such as income, occupation, housing, environment, etc.

Two pilots for link workers took place in GP practices in Bute and Cowal during 2017. This was part of a two year commissioned project with CarrGomm called Connections for Wellbeing to develop awareness and understanding of social prescribing and investigate models for future delivery. Funding from NHS Highland Public Health, Technology Enabled Care and the Transforming Primary Care Fund enabled link workers to have a weekly clinic in each practice to see people referred to them by GPs and nurses.

Someone who has money worries will very likely feel stressed and anxious. This may also make them feel physically unwell with things like headaches, insomnia or changes in appetite. A doctor can prescribe medication for these symptoms, eg painkillers, for the headaches. However, the underlying cause of the problem, which is debt, is still there. Linking this person up with a debt advice service will help them to feel better in the long run.

The link workers followed a 'person centred model of care' seeing each person once or twice on average. Supportive conversations using motivational interviewing techniques focused on linking people up with practical sources of help within their local community, for example debt advice for people in financial difficulty or community activities for people who were lonely. The link workers supported 65 people over a total of 89 appointments. The knowledge gained from the pilot work is being used to inform the roll out of the new General Medical Services contract from April 2018.





## Adverse Childhood Experiences (ACEs)

A successful Health and Wellbeing Development day was held in May 2017 attended by 130 people to better understand the topic of Adverse Childhood Experiences (ACEs) and to consider Argyll and Bute's response to this significant public health issue.

Attendees explored the negative effects of ACEs to physical and mental health outcomes. This was followed by reporting on evidence based interventions which mitigated the effects of ACEs and how to prevent these in the first place. Further presentations included information from local services which provide some of the support required to tackle ACEs in Argyll and Bute.

Workshops allowed partners to come together and share their thoughts about how to take forward the ACEs agenda and make Argyll and Bute ACE aware.

### The recommendations included:

- Set up a dedicated ACEs steering group.
- Identify champions.
- Increase awareness and understanding of ACEs.
- Promote societal level solutions by supporting, facilitating and encouraging partnership working, sharing of information about services, support and training available.
- Promote the importance of resilience.
- Encourage the use of shared language.

A working group has been established to support the progression of the ACEs agenda. A number of activities have taken place over the year, including screenings of the film 'Resilience' which focuses upon the negative impact of ACEs and what can be done to combat these. Around 80 people attended these two screenings from a wide variety of organisations such as Youth Projects, Family Mediation, Advocacy, Community Mental Health Services, Social Work, the Department of Work and Pensions, Addictions Services and Health Visitors.

### Projects include...

Mental Health Triage

New Driver Early Intervention Scheme: Oban

### Key Achievements

- There were 28 accidental dwelling fires, a reduction from 56 the previous year
- The number of complaints regarding disorder reduced to 2,371
- The number of domestic abuse incidents resulting in a crime or offence reduced to 379

### Mental Health Triage

A pilot project of partnership working between NHS and Police Scotland was developed in Argyll and Bute to provide out of hours Community Psychiatric Nursing (CPN) support to operational Police Officers to aid their decision making process around managing risk in mental health crisis situations.

This extends established partnership working running in other areas of Scotland and provides police officers who come into contact with anyone who appears to have mental health issues with key health based information. It was agreed that a pilot should run to test this process in Mid Argyll and Kintyre between 26 January and 1 April 2018.

During this time a small number of referrals were made to the service with very positive results. It was recognised that due to the low number, it would be beneficial to expand the pilot across Argyll and Bute before a full time commitment was made to the Service.



## New Driver Early Intervention Scheme: Oban

Statistics identified that young drivers and new drivers are more likely to be involved in serious road collisions. The CPP is committed to road safety and launched the New Driver Early Intervention Scheme: Oban.

This was open to:

- Learner Drivers
- Employers of new drivers
- Full licence holders who have passed a practical test within a two year period

Working in Partnership Argyll and Bute Council, Scottish Fire and Rescue Service (SFRS), the Motor Schools Association and Police Scotland carried out two sessions where film footage from a “go pro device” is viewed. The footage is taken from a young driver and several of their friends in their own vehicles all driving at excessive speeds on a rural road.

Attendees get the opportunity to view the film and to identify all the hazards before an Officer replays it highlighting all the hazards generating lively discussions and improving risk awareness and perception. The film is again replayed and it is allowed to continue to the point where the driver comes across a serious accident involving friends who were ahead on the road. At this point the film cuts to a young person who talks about the death of a sibling who was driving the lead vehicle and the impact it has had on them and their family.



A demonstration is also carried out to show the rescue operations at a serious road traffic collision and the equipment used. Information is also given on potential response times depending on where the road collision takes place and how they may feel and what they can do while waiting for the emergency services to arrive.

There are excellent examples of Community Engagement which have taken place across the Partnership this year.

## Case Study: Inspire Inveraray

Argyll and Bute Council's Community Development Team worked in partnership with community group Inspire Inverary to help prioritise and progress issues through development of a Community-led Action Plan (CAP). Using the Community Action Planning toolkit, (<https://www.communitytoolkit.net/>) a partnership steering group including local people, prepared a survey which was distributed around the Inveraray area both online and on paper. This was followed up by a 'town visioning day' where locals were able to engage with politicians (UK and national) and local elected members, and consider how their town could be improved. As a result, Inspire Inveraray are progressing their plans brilliantly.

## Case Study: Growing Gaelic

An innovative Participatory Budgeting pilot project was held across Argyll and Bute in the spring of 2017 which involved the community voting online for projects that aimed to grow the Gaelic language and culture in the area.

Initially, the community was asked to participate in an ideas generation site (Your Priorities) and then subsequently to vote on ideas viable to be taken forward (Open Active Voting).

As a result of the voting, five projects were awarded grants:

- The Auchindrain Trust - which proposed to run a Dalriada Gaelic dialect language immersion course over a weekend at the Auchindrain Township.
- Oban Mod Academy - to help both Gaelic and non-Gaelic speaking children prepare for MOD competitions both locally and nationally.
- Air Ghleus - to provide tutoring in Gaelic song, language and culture in schools on Mull and Iona.
- Comann nam parant, Oban - to fund a feasibility study for the creation of a stand alone Gaelic Medium Primary school for Oban.
- Gaelic books for school libraries across Argyll.

Participants in the project were invited to complete a survey. From the responses received, we found that 40% of voters took part due to an interest in Gaelic, while 45% participated as an exercise in active democracy.





Argyll and Bute Community Planning Partnership

Telephone: 01546 604464  
Email: [cppadmin@argyll-bute.gov.uk](mailto:cppadmin@argyll-bute.gov.uk)

The Annual Report is a review of partnership working towards the ambition of the Argyll and Bute Outcome Improvement Plan. For more details of the delivery plans for 2017 - 2018, please refer to this document on our website. For more information about what individual partners are doing in Argyll and Bute, please refer to the websites of our partners.

[www.argyll-bute.gov.uk/council-and-government/community-planning-partnership](http://www.argyll-bute.gov.uk/council-and-government/community-planning-partnership)