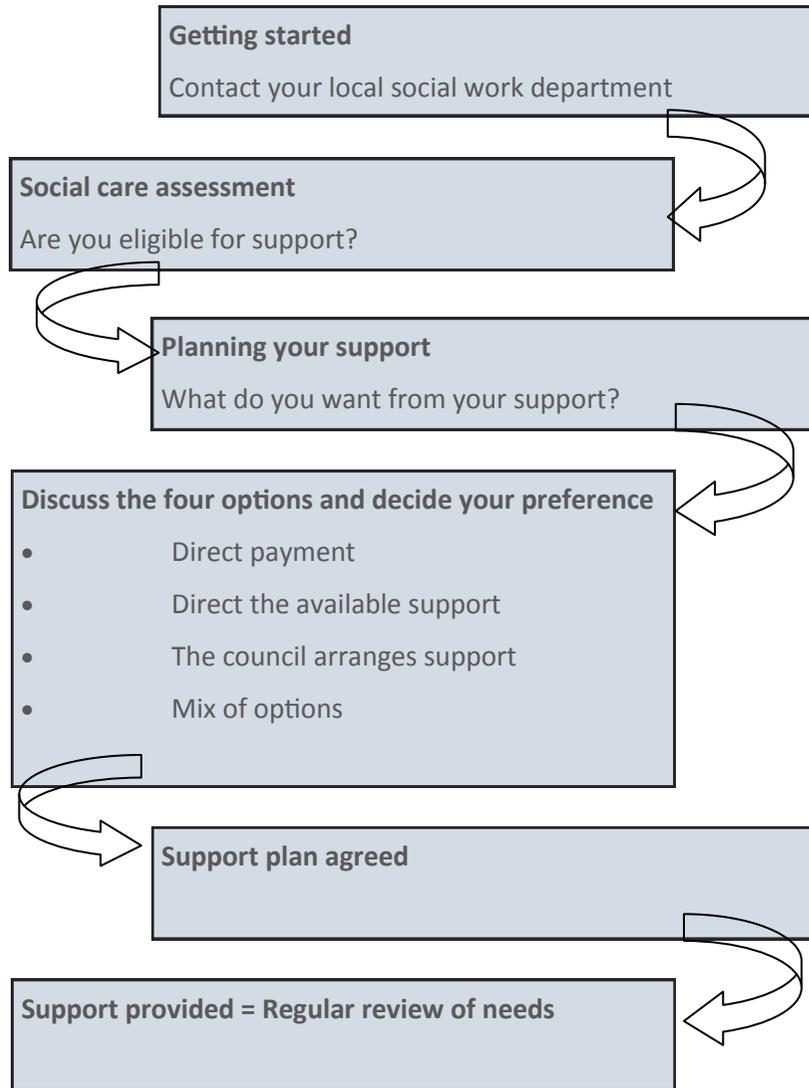


The SDS pathway



Self-Directed Support and what it means for you

Your guide to the new legislation



This leaflet explains :

- what self-directed support is
- what the Self-Directed Support Act does
- where you can find further information



What is self-directed Support?

Self-directed Support is about giving people more choice and control over how their support services are designed and making sure they receive support that meets their needs.

It allows people to choose how their support is provided to them by giving them as much ongoing control as they want over the money spent on their support.



What does this mean to me?

SDS gives you and your family more choice and control over your care and we will work with you to create a flexible and individual care package that meets your needs.

This means we will:

- discuss with you what you want from your life to find out what is important to you
- agree a support plan with you
- review the plan with you every year to make sure it still suits your needs

Your support plan will be agreed and we will discuss the financial contribution you may be asked to make towards your care. You will also have the option on how to direct your care.

How do I use SDS?

If you have been assessed as having certain support needs, you will have four options on how to receive services through SDS:

1. A direct payment that you can use to organise and pay for your own support
2. We can make the arrangements for the support you have chosen and, if it is provided by someone other than us, we will pay the relevant contribution.
3. We can choose the best support for you, make the arrangements to set it up and if it is provided by someone other than us, will pay the relevant contribution
4. A combination of the above.



What can I use SDS for?

Self-Directed Support can be used in many ways. You can get support to live in your own home, such as help with having a bath or getting washed and dressed.

Out of the home it could support you to college, to continue in employment or take a job, or to enjoy leisure pursuits more. Instead of relying on the activities run at a day centre, you might arrange for a personal assistant (PA) to help you attend local classes, go swimming, or be a volunteer helping others. It could also be used to provide respite or for equipment and temporary adaptations

You can choose whether you would prefer to get support from a service provider such as a voluntary organisation or care agency, or by employing PAs, or a combination of both.

If you have any questions or concerns about SDS please get in touch:

At Argyll and Bute Council

Send us a question through our website at www.argyll-bute.gov.uk/sds

Email us at enquiries@argyll-bute.gov.uk

Phone us on 01546 605517

At the Scottish Government

For further information go to : www.selfdirectedsupportscotland.org.uk
selfdirectedsupport@scotland.gsi.gov.uk or call 0131 244 2378